# Hetal D. Vaishnav, M.D.



## Physician & Surgeon

Dr. Hetal Vaishnav is a fellowship trained Vitreo-Retinal Surgeon, specializing in treating complex diseases of the eye. He is a Diplomate and Board Certified by the American Board of Ophthalmology and a Fellow of the American Academy of Ophthalmology. Dr. Vaishnav is a Member of the prestigious Alpha Omega Alpha Medical Honor Society, a by-invitation-only society whose members include 57 Nobel Peace Prize Laureates. Dr. Vaishnav holds professional memberships in the American Medical Association and the American Society of Retina Specialists, and is the only ophthalmologist in Brevard County to be a member of the American Society of Preventative Medicine. Dr. Vaishnav graduated from Georgia State University with a Bachelor in Science prior to attending and graduating from Morehouse School of Medicine in Atlanta, GA. Dr. Vaishnav performed his General Surgery Internship, his Ophthalmology Residency and pursued Advanced Fellowship Training in Vitreoretinal Surgery at University of Florida-Gainesville.

### **Academician & Professor**

Dr. Vaishnav is an adjunct lecturer and instructor at both the **University of Florida** and the **Florida Institute of Technology**. He has also been invited to speak at various meetings including

the annual meeting of the American Academy of Ophthalmology, Lions Club, Doctors Goodwill Foundation, Aging Matters Symposium, One Senior Place Symposium and BIMDA. He has also appeared on a popular radio show called Your Visual Health on AM1060, and on Helping Seniors Television.

# Clinical Scientist, Author and Innovator

In addition to teaching, Dr. Vaishnav is a clinical scientist with research experiences and collaborations at world renowned institutions such as the Centers for Disease Control (CDC), the National Center for Infectious Diseases (NCID), the University of Florida and the Diabetes Clinical Research Center (DRCR.net). He has also been a scientific investigator for some of the latest medications used to prevent blindness. Dr. Vaishnav has created innovative patient centered programs such as Healthy Eye, Healthy I™ Integrative Eye Care and Retain Independence of SEniors (RISE) ™ Fall Prevention Program to serve the patients of Brevard County. He is currently working on a series of educational books for patients.

## <u>Humanitarian</u>

Through his involvement with Non-Profit Organizations like the *Lions Club International*, *BIMDA*, *Doctor's Goodwill Foundation*, and the *Brevard Health Alliance*, Dr. Vaishnav works tirelessly to improve the quality of life for his many patients and for the Brevard County Community, in general. His efforts include raising awareness of preventable diseases and encouraging patient participation in their health care. His contributions to the community include participating in health screenings, volunteer work, fund raisers, education, providing medical care on a pro bono basis, and other grass roots efforts. Dr. Vaishnav was recently awarded the **Melvin B. Jones Humanitarian Fellowship Award** by **the Lions Club International** for his many contributions towards the prevention and treatment of blindness.



#### Extracurricular Activities

Dr. Vaishnav enjoys spending time with his family, and writing books on medical and non-medical topics. Additionally, he enjoys traveling, sports and the great outdoors.

Dr. Vaishnav's personal philosophy on medicine and patient care: "I love to engage and empower my patients through education and the practice of preventative medicine. Our country is facing a healthcare crisis and each of us can play a vital part in helping solve this complex problem. Many diseases that I treat can be prevented through education and early intervention. I enjoy blending my roles as a physician, an educator, a clinical scientist, and as a preventologist, by teaching my patients how to protect and preserve their vision, by treating them early and effectively, and by educating them both in the role that preventive medicine can play in their quality of life, as well as how to become informed healthcare consumers."



Dr. Vaishnav is accepting new patients at his **Rockledge, Melbourne Palm Bay** and **Titusville** offices. Reach all four offices by phone or on the web:

(321) 722-4443

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